



Hank Haney's Essentials of the Swing: A 7-Point Plan for Building a Better Swing and Shaping Your Shots



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Format: Kindle eBook

Kurzbeschreibung

"Hank knows more about ball flight and what controls it than anyone in the game." —Masters and British Open champion Mark O'Meara
Get back to basics and build your best possible golf swing
Lots of golf instructors can show you tricks to correct a hook or to stop hitting the ball fat, but these are just quick fixes that leave you with a swing built on mistakes. In Hank Haney's Essentials of the Swing, the world's premier expert on the golf swing takes you back to step one to master the essentials and build a complete, powerful, and consistent swing that will improve your game quickly and keep you playing better for years to come. This step-by-step guide brings you the same careful analytical approach that Hank has shared with the hundreds of touring pros who have been his students — including the world's #1 golfer. It walks you through every aspect of your swing, from grip to contact to follow-through, and shows you how to analyze ball flight to shape your shots and put the ball where you want it more frequently and with much more consistency. Packed with helpful pictures, invaluable practice tips, and insightful pointers on everything from club selection to the difference between a good miss and a bad miss, Hank Haney's Essentials of the Swing is the resource you need to hit the top of your game and stay there.

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Synopsis
Hank Haney is one of the most well-respected and sought-after golf instructors in the world today. He is famous for rebuilding the swing of the world's number 1 player, who has gone on to win six more Majors and counting. Haney has also worked with hundreds of top pros, including Masters and British Open champion Mark O'Meara, who attributes the durability and dependability of his swing to Haney and says that 'Hank knows more about ball flight and what controls it than anyone in the game'. In this book, Haney goes beyond tips and quick fixes to lay out the principles behind the perfect swing. Point by point, chapters cover every aspect of the swing, from grip to contact to ball flight, with 160 illustrations to help players understand the concepts and check their form. Putting Haney's approach into practice enables players to make the powerful, repeating swing that can hit every kind and shape of shot - with every club in the bag - with equal ease on a consistent basis. A master work from a master instructor, "Essentials of the Swing" will be essential reading for any golfer who is looking to reach the height of his or her game. Hank Haney (Westlake, TX) is number 3 on Golf Digest's list of America's 50 greatest golf teachers. He's the Director of Instruction at the Hank Haney International Junior Golf Academy and the founder of Hank Haney Golf, Inc., which operates golf programs nationwide. He's the author of three previous books: "The Only Golf Lesson You'll Ever Need" (978-0-06-270237-1), "No More Bad Shots" (978-1-892129-97-0), and "Fix the Yips Forever" (978-1-59240-236-6).

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